

_____ Research Project Day__Per__ Name_____

ESSENTIAL HEALTH QUESTIONS	INFORMATION Statistics, credited facts, details	SOURCE/CITATION Who did the research? Published it?
How many people are affected? Is there an age/sex/wealth trend? Is this health problem increasing or decreasing? What are the trends?	1. 2. 3.	
What are the signs and effects on your body/ organ systems? Mind/emotions/social life?	1. 2. 3. 4. 5.	
How does this problem affect families, communities? How does it affect/cost our country?	1. 2. 3.	
What choices increase risk of developing or getting problem? What genetic, economic and social factors increase risk?	1. 2. 3. 4.	
Can it be prevented? How is it treated? Can it be cured? How can we reduce the impact of this problem on society?	1. 2. 3.	

LEARN AND TEACH ABOUT THE TOPIC OF:

- Practice finding answers to essential health questions (see below).
- Learn good sources for health information.
- Identify & credit your information sources & put info. into your own words.
- Create a Power Point presentation, a poster (Publisher or by hand), persuasive essay, Glog or video to educate and inspire your class about your topic.

START WITH ESSENTIAL QUESTIONS ABOUT YOUR TOPIC

1. Review the key questions about health problems, and add a couple questions specific to your topic.
 - What are the causes or factors that contribute to developing your health problem?
 - What are the harmful effects of your topic on body, brain & emotional health of individuals? Families? Community/Society? Are there also economic costs?
 - How many are affected/who is affected – statistics & trends over time (is it increasing or decreasing?)
 - How can it be prevented and/or treated?
 - _____?

RESEARCH – LEARN ABOUT YOUR TOPIC

2. On the computer, open a Word document for notes and start at our Portaportal (Guest login: BFMS104). Use .edu, .gov, and .org websites first – some reliable sources include: cdc.gov, teenhealth.org, statisticstop10, NIH & NIMH, AMA (American Medical Association), AHA (American Heart Association), and YRBS (Youth Risk Behavior Survey for VT).
3. Use the notes sheet on back to track which information you have and the sources of EACH specific fact. You can NOT just make a bibliography. This is available on my school website as a .doc, so you can fill it in online, too. NOTES ARE DUE MAY 17.
4. As you take notes, name your file by your topic AND your name, save to “my network places, “Save Class Work”, “Holderness”, and your period/day folder.

PRESENT – INTEREST, INFORM, INSPIRE

5. Choose a presentation format that you are comfortable with to share what you’ve learned. A Power Point or Publisher document can look very professional and you can share credited images. A video or Glog could be neat if you know how to do it and have extra time on a computer. A poster made by hand will work if you get everything proofread carefully and use a yard stick to get a good lay-out. HAVE FUN !!!!!

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